

LEADERSHIP AND ORGANIZATIONAL CONSULTANT, FACILITATOR, COACH

"Helping to clarify purpose and vision... for individuals, teams and organizations"



OUR UPCOMING OFFERINGS

WHAT YOU WANT

To flourish in a results-driven organization that is clear on its mission, vision and values - in response to a rapidly-changing world.

WHY YOU WANT IT

Providing ongoing learning as part of your best practices displays you are placing a high value on your most valuable resource: your people.

WHAT YOU WILL GET

Equipped, mobilized and motivated talent = greater organizational health.

"In times of change, learners inherit the earth; while the learned find themselves beautifully equipped to deal with a world that no longer exists." Eric Hoffer

HOW TO MOVE FORWARD

Schedule regular training opportunities that build on the following suite of offerings:

CLARITY ~ Myers-Briggs® personality assessments, leader development, emotional intelligence

SYNERGY ~ team building, conflict resolution, communication, appreciative inquiry, team dysfunction, organizational health

HALF DAY, FULL DAY OR TWO DAY REGULAR OFFERINGS:

MYERS-BRIGGS® PERSONALITY ASSESSMENT CERTIFIED PRACTITIONER

For more than 60 years, the mbti® instrument has been used to help people understand their personal preferences in how they get their energy, how they process information, how they make decisions, and how they structure their life and work. Self-awareness is the beginning of productivity on all levels, and appreciating healthy differences in colleagues harnesses the collective energy of the work environment for greater synergy.

THOMAS KILMAN CONFLICT MODE INSTRUMENT (TKI) CERTIFIED PRACTITIONER

Given the stress-inducing state of our economy, it is not surprising that conflict in the workplace – between coworkers, team members and anyone else who might have a difference of opinion – is an ongoing challenge. The tki assessment has been used for more than 35 years to help people understand their preferred approach to managing interpersonal conflict and learn new approaches.

5 DYSFUNCTIONS OF A TEAM® FACILITATOR

Teamwork remains the single most untapped competitive advantage for any organization. Whether you work in a corporation, a non-profit or a small, entrepreneurial venture, finding a way to minimize politics and confusion within your organization can lead to extraordinary improvement in morale, productivity, and results.



COACHING

Coaching will uncover your personal motivation and ability to move forward in any area of your life.

The process:

One year coaching series: Every three weeks for three months, then five coaching sessions through the remainder of the year. **Six-month coaching series:** Every three weeks for three months, then two coaching sessions over the following three months.

COMMUNICATION “U”~HOW EFFECTIVE ARE YOUR PRESENTATIONS?

Interpersonal communication skills and outstanding presentation skills are an integral part of any organization’s team members toolkit. Learn how to communicate effectively, authentically, and create lasting presentations that are memorable long after you have said your last word.



TRAINING RATES

CATHIE OSTAPCHUK
MA Leadership & Management

FULL DAY
HALF DAY
TWO DAY OR
TRAINING SERIES
PACKAGES AVAILABLE

CHARITABLE AND NON-
PROFIT PACKAGES AVAILABLE

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